

FUNDS NEEDED TO HELP SAVE ABANDONED PETS!

Animalfriends

Summer 2014 O F C O N N E C T I C U T

Fiona Finds a Forever Home

The last eight months have been very difficult at my house. Last May, my Doppler succumbed to lymphoma at nearly 17 years. I bottle fed him as a kitten and it was really tough, not only on me, but on my other two other cats, Keiko and Tasha. In November, my elderly mother (who I cared for at my house) passed away. Suddenly my three bedroom house seemed very empty as Keiko and Tasha mourned her loss with me.

I have been sponsoring Toby II at AFOC for years now, so in January, I asked about adoption. I learned that Toby was not available for adoption, but many deserving cats were. I scheduled a visit to meet Barbara and the available cats at the AFOC shelter.

Barbara suggested I adopt Josie, a beautiful panther with a tiny white dot on the back of her head that reminds me of a star. Barbara told me black cats have a harder time finding homes, so I decided to take her. Then I revealed my secret: I was there to adopt two cats and asked to return to the first room, where a little grey tabby named Gwendolyn made it obvious she wanted me to adopt her.

Josie and Gwendolyn stayed in a spare bedroom for about 10 days until Keiko and Tasha became accustomed to their scents and sounds then they had access to the entire house. They adjusted quickly and especially liked the high-end grain free organic served at the “feeding stations”. They joined the pride and all four would sit around me in my living room when I came home, taking turns on my lap. I enjoyed taking pictures of them to post online and to send to Eileen at AFOC.

On February 21, I returned home from work and found Gwendolyn lying next to my living room chair where, just the night before, she sat on my shoulders and nuzzled my ears. She had passed away quickly from a heart attack. I was in shock, as that very morning, she ate well and was very playful before I left for work. I called Judy at AFOC and Eileen



leen sent me an email with the following message:

“I know you must feel very sad and shocked, especially since she seemed so full of life. The only thing I can say is that you could take comfort in knowing you gave her a home with love. Not all strays experience love and a home and even though she didn’t have many years on this earth, you gave her that.”

The next day, I spoke to Barbara at the AFOC shelter about adopting another when I was ready. I started keeping close watch on my cats’ behavior and especially Josie. When I was absolutely certain that they had all settled back into their “routine”, I called Barbara again and scheduled an appointment.

I went to the shelter and saw the cats Barbara wanted me to meet. In the end, I again asked Barbara for her advice and she selected Fiona for me because Keiko wants to be “the king” (he’s a very large male tuxedo). Fiona was in the same room as Gwendolyn, so they knew each other. I put Fiona in my large Sherpa bag and secured it to the front passenger seat of my car.

Fiona was at the shelter for a very long time because she was so afraid. She was panting on the ride home and I kept talking to her in a soft voice, careful not to use words that end with “s” because they can be mistaken for hissing. Finally, we arrived at my house and I quickly brought her up to the spare bedroom I had prepared for her. When I opened up the Sherpa bag, Fiona immediately sought out a place to hide. Each time she found a new hiding spot, I made it more comfortable for her with blankets.

After I spent some time in her new room, I got her to come out and stop hiding. I took a book in there and sat very still, quietly reading next to her. Every now and then, I would put down the book and pet Fiona while talking softly to her. Eventually, Fiona even felt comfortable enough to fall asleep

continued on page 2

next to me.

The next morning Fiona was hiding but meowed and came out when I called her. So each morning, I would bring her breakfast and pet her before I left for work. I would also spend time with her when I returned from work. I learned she liked cat treats and catnip, so I used these to help ease her out of her shell.

One night, I went to her room after returning from the supermarket and she came out of her hiding place as soon as I called her. I freshened up her water and cleaned the litter box, then spent some time with her before going to my living room with my laptop.

I talked to Barbara at the shelter and decided to volunteer to help them so I went to their website to fill out the volunteer form. I then started surfing the AFOC site and went to the sponsor page to look at Toby II's picture again. I was scrolling to Toby when I stopped dead in my tracks. There was Fiona with no sponsor listed. I clicked on the link to the newsletter (<http://www.afocinc.org>) with her story and learned why she is so afraid. This part of the article immediately jumped out at me: *"She was outside her house a few weeks ago and saw the neighborhood kids tormenting a stray cat. They were kicking her, pulling her hair and throwing rocks and sticks at her. The cat was a gray tabby and appeared to be about one year old."*

I dropped my laptop and ran back upstairs to Fiona's room. She came to me and I sat next to her and petted her. I then told her that she was safe now and that would never happen to her again. I told her I was the big bad human and nobody would dare hurt her again. I told her she was in her forever home with a human that will love her and take care of her. She didn't understand the words but, by her reaction, I could tell she understood what I was saying and she curled up in my lap and purred.

Eventually, each day I opened the door to her room and sat next to her as one-by-one the pride came in to investigate led by Keiko. About a week later, I left the door open and Fiona started venturing out into the house.

She still hides before I return home from work but meows and comes running to me when I call her name. This past weekend, she finally joined the pride sitting around me in the living room. She loves the cat trees and all the catnip toys around the house. Each day she is coming further out of her shell. Last weekend, she looked into my dining room as I entertained guests for dinner as she continues to lose her fear of people.

After reading Fiona's story, I know now why she was supposed to be with me and why she is opening up and bonding so quickly. The world can be a scary and cruel place for so many of the beings that we've domesticated and need us. Fiona was saved from abuse by a kind soul and given a chance to live in a loving forever home. Today, she has that home with a new family and is happy and safe. All she needed was a chance and a little time and love.

Somewhere I think Gwendolyn is happy I adopted her friend.



UNITED WAY

You can donate while at work by making a contribution to THE UNITED WAY. Just specify that your donation is intended for AFOC. Please use the following letters and numbers on the form: AG 0640.



Sunshine Fund

Sunshine was a dog that came to us many years ago. She was a Shepherd Husky cross and was found in a project in Hartford with one eye poked out by a stick. The owners signed the dog over to AFOC. We had her injuries treated and we found her a wonderful home. She lived to be over 14 years old. What happened to Sunshine was just the beginning of many years involved in rescuing injured and abused animals. This fund is in her memory.



I-GIVE MATCHING CONTRIBUTIONS

Register with I-Give on line. Shop on line with major retailers and help AFOC at the same time! All consumer transactions will contain a percentage donated to AFOC.



Sponsorship Program

We have many cats that are not adoptable or hard to place. We are looking for sponsors willing to sponsor a rescue cat by helping to cover the cost of food, litter, and basic medicine. Our goal is to sponsor every cat.

ANOTHER CONVENIENT WAY OF GIFT GIVING!

You can now use your credit card and make a donation on-line through PayPal. Just go directly to our website for further details (www.afocinc.org).



Judy Levy, Director
Jo-Ann Regan, Editor

Animal Friends of Connecticut, Inc.
P.O. Box 370306
West Hartford, Connecticut 06137-0306
(860) 827-0381
Newsletter e-mail: newsletter@afocinc.org

IN LOVING MEMORY

Jean: A donation was made in the memory of Jean Dawson.

- Marjorie & Dolph Becker

Angelo: Donations were given in memory of Angelo Greco.

- Connie Spada
- Frederick Johnson
- Eleanor Spada
- Sue Kochunas
- Lucy Spada
- Barbara & Jerry Katzen
- White Sand Beach Assoc.
- Sandra Soucy
- Everett J. Campanelli
- Janet Pulver
- Susan Bookman
- Archie Blair Jr.
- Louis & Christina Gaglardi
- Jeffrey & Christine Greenwood
- Linda Greco
- Antoinette & Ronald Theriault

Ellen: Donations were given in memory of Ellen Banks.

- Harold & Ellie Cohan
- Judy & Dr. Seymour Melnick
- Sherry & Edward Feinglass MD
- David, Seth & Brian Fierston
- Fierston Financial Group
- Ruth & Michael Herlands
- Mimi & Marvin Hoberman
- Nancy Kursman
- Victoria Pierscinski
- Toby & Edward Karl
- Beverly & William Sloat
- Greater Hartford Art Council
- Eileen & Elliot Pollack
- Rosaline B. Hahn
- Roan Wetstone
- Francine & D. Robert Morris MD
- Harriet & Robert Berland MD
- Rafael Mori
- Eileen Lichtenfels
- Lisa & Gary Schwartz
- Barbara & Stephen Mason D.M.D
- Schatz, Schwartz & Fentin P.C.
Charitable Foundation
- Joel Weisman
- Pat's Pampered Pets / Pat Powers
- Nolan

Margaret: Donations were given in memory of Margaret Staszko.

- Sonia Platosh
- Jane & Russ Schneider
- Martha & Reginald Sevigny
- Pamela Morrison-Wolf & Guy Walker Wolf III
- Joan & Stephen Egbertson
- Theela & Philip Schaffhauser
- Nancy & Robert Casey
- Karen Dallaire
- John & Nancy Spasiano
- Cynthia & Stefan Casemyr
- Angela Spasiano
- Howard L. Page & Co.
- Susan Blake
- Ann & Robert Tuttle
- Kathleen & Edmund Lescoe
- Judith Ann Keane
- Janet Spasiano

Pooh-Bah: A donation was made in memory of Pooh-Bah, adopted in 1998.

- Lynn Ewald

Kitty Purrl: A donation was made in memory of Kitty Purrl of Linda Oswianik.

- Charles Alpert

Black Cat Shadow: A donation was made in memory of Black Cat Shadow.

- Elaine Nichols

Max: A donation was made in memory of Max, beloved dog of Edyie & John Steimer.

- Teresa LaPenta

Gemma: A donation was made in memory of our cat Gemma.

- Vivian & Brian Elba

Rocky: A donation was made in memory of Rocky, companion of Harriet & Greg Casale.

- Mathew Pasternak

Muffy & Lola: A donation was made in memory of Muffy & Lola, dogs of Harvey & Harriet Schneider.

- Deborah & Lawrence Elman

Sarah: A donation was made in memory of Sarah Beardsley.

- K T Weaver

ADOPTEE STORIES

SMALL BUT MIGHTY

I received an e-mail in February from George Murtha, asking if I would be interested in adopting a puppy. He had just come back from Waterbury, where he picked up a six week old Shih Tzu, who was missing an eye. He said he had brought it to one of the Canton Emergency Veterinarians, who said that the puppy had not received any medical treatment after damaging his eye. I was told that the remains of the eye had to be removed, but the puppy was otherwise healthy.

Since George has known me for many years, he knows my weakness. I agreed to go see it, even though I wasn't sure I wanted another puppy. The next day, my husband and I, along with our seven year old Shih Tzu, Manny, went to see the puppy. I sat on the floor to see what he would do. At first, he shied away from me, but after a while, he went on my lap and that was the end of that. I knew I had to have him and I even had a name for him, Brady. I truly fell in love with the 4 lb. ball of fluff. Manny, on the other hand, was not impressed. Actually, he was down-right insulted that I would dare play with another dog.



We had to wait a week before picking Brady up from the vet because he needed to heal from his surgery. We took him home with a cone around his neck to protect his eye, but that did not stop him from getting around or getting into mischief. The only thing he wanted to do was be around Manny, who still was not happy with us and wanted no part of Brady. I was able to devote a great deal of time to Brady and we bonded even more. Even Manny started to accept the fact that Brady wasn't leaving.

Brady is now 12 lbs and full of energy. He doesn't seem to know he's a small, handicapped dog by the way he keeps terrorizing Manny, who is twice his weight. He continues to get into mischief. Nothing can be left on a chair, table or bed. I was in a rush one morning and I left my glasses on the nightstand. When I came home from work, Brady had managed to gnaw on one of the lenses. At least he destroyed the lens that was only glass. Another time, I mistakenly left a box of pouched dog food on the floor. Brady managed to open the box, pull out a pouch, open it and eat it before I knew what happened. He definitely keeps us on our toes.

We have owned Brady for four months now. He is truly a joy to have in our lives. Brady is full of love and he has even won over our dog Manny, well almost!!! Thank you so much Animal Friends :)

Stephanie and John

John: A donation was made in memory of John Alexander III.

- Betty Kerber

Lucille: A donation was made in memory of Lucille Robida.

- Maxine Plourde

Dorothy: A donation was made in memory of Dorothy Lesinsky.

- Marlene & Robert Levine

Ebony: A donation was made in memory of Ebony of Dr. Steven & Susan Goldstein.

- Shoshi Goldstein & Grandma

SPECIAL DONATIONS

Moe: A donation was made in honor of Moe Banks' birthday.

- Nancy Kursman

Betty & Richard: A donation was made in honor of Betty & Richard Grudzinski.

- Carolyn & Elliott Tertes

Alex: A donation was made in honor of friend Alex.

- Margaret & Thomas Riley

Fytellio: A donation was made in honor of Fytellio.

- Charlene Southergill

Jacob: A donation was made in honor of Jacob Jaslino's 9th birthday.

- Elizabeth DeGroat

Kurt & Mary Ellen: A donation was made as an anniversary present for Kurt & Mary Ellen Zeitz.

- Kenneth Zeitz

SHELTER NEWS

After many years at the Animal Friend's Shelter, Barbara Morris is semi-retiring. We need to bring a new person on board to assume some of her duties. This would be a volunteer position, but housing and utilities will be provided. If you are a retired couple or retired woman and are interested, please call Judy at 860-827-0381.

Orion's New Home

January, 2014 started on a sad note. Our ten year old cat, Abby, had an inoperable growth and we had to put her to sleep. My daughter and I were devastated. A few weeks later, my good friend George Murtha, who has worked with AFOC for many years, told me about Orion (was Oreo) and sent pictures. I wasn't sure about having a cat yet, but when George told me Orion's background and I saw his picture, I felt we needed him and he needed us. You might remember reading about Oreo in the spring newsletter. He is the cat that was shot and needed extensive surgery to install a metal rod in his rear leg.

There was a small problem with getting Orion. He was in Connecticut and we live in New Hampshire. George and I decided we would meet about half way, which was about two hours each way for both of us. On February 22, 2014, we brought home our new addition.

We liked the name Oreo, but felt it didn't fit him. We thought Orion was a perfect name, which is a constellation that represents a hunter/warrior in Greek Mythology. He is a true warrior after what he went through!

The first few days were an adjustment for Orion. He hid in the closets when he was tired, but he would come out purring very loudly when we approached him. We got him a cat tree, which he quickly got attached to.

It's been a few months now and we absolutely love Orion. He is so sweet and friendly. You would never know his back leg was shattered, except his jumping height isn't always as high as it should be. He has missed his landing a couple of times, but he jumps back up and tries again. He's not a quitter! The fur has grown back where it was shaved for the surgery in a light grey color. He follows me everywhere now (including the bathroom) and when I come home, he comes running and purring!

We really miss Abby, but Orion has filled a hole in our hearts. We're so glad George thought of us when Orion needed a home.

Shelly



OUR SHADOW FINALLY ARRIVES

It was September 24, 2013, when we first were introduced to Shadow. We were led to a small room that was occupied by a gray table and one chair. We were a little nervous. It was two years since the death of our beloved cat, Guzik. Guzik was 22 years old when she passed. She had been with us for 19 of those years. But, we were ready for a new kitty in our lives. A new, soft white kitty bed had been purchased and cat toys were chosen with care. A cat teepee was placed in the living room. Water and food bowls were ready to be filled. We called Animal Friends of Connecticut. Yes, they had a cat that was just what we were looking for. She was a little older, but was friendly, gentle, and playful. We went to meet this kitty who needed a new home. Love at first sight! Yes, we would take her home and become a family of three.

Papers were retrieved from a back room. Conditions were explained: no declawing, no bells around her neck, and cat food brands were discussed. Then a veterinary tech appeared and said they were sorry, but Shadow had not been spayed. No problem, we said. You can spay her and we will pick her up and bring her home when she is ready. She is our kitty and we will wait for her. Shadow was taken from the room we were in and we were told that the veterinarian wanted to talk to us. It seemed Shadow was pregnant.

What do we do now? We asked if we could still take her home. The veterinarian looked puzzled. We were reminded that she was a rescue cat and that her kittens would be considered rescue kittens. They preferred she stay at the clinic to have her kittens so she would be looked after with great care. Since she had been on the streets, they were concerned she might have special problems. They were sure that they could find homes for the five kittens they thought she was going to have. We looked at each other and asked how long it takes for a cat to have kittens. The answer was, it would take a while; maybe five weeks until the birth, then eight weeks for weaning the little ones. Then, only after Shadow was milk free, could she be spayed. Of course we would have to wait another 15 days for the stitches to heal. To the surprise of the veterinarian and Judy, the representative from Animal Friends of CT, we said ok, we will wait for her.

When people came to our home to visit, they would ask about Shadow. We told them she was having her kittens in a home for unweaned cats and would be home soon. Shadow did have four kittens. One was born dead and one died later over that weekend. The remaining two were well and healthy. Homes were found for both kittens. Shadow finally came home with on January 23, 2014. A good cat is worth waiting for!



Ellen & Robert Bucchere



Chronic Kidney Disease in Cats

*Dr. Jacoba van der Giessen
Roaring Brook Veterinary Hospital*

Chronic kidney disease (CKD), also known as chronic renal failure (CRF), is a very common disease of aging cats, which is the result of slow, progressive loss of kidney function. Signs of CKD can be very subtle, and often are indistinguishable from many other illnesses based on symptoms alone.

Symptoms to watch for:

- Increased thirst or urination
- Vomiting/poor appetite
- Weight loss
- Lethargy
- Poor hair coat
- Constipation
- Halitosis (bad breath)

To determine underlying disease status, blood and urine tests must be run, which will not only diagnose, but also will serve as a baseline to compare for future lab work. This will allow for monitoring of progress and determine ongoing therapeutic needs or changes. Radiographs or other imaging may also be beneficial to provide further insight into the disease.

Goals of Therapy:

Chronic kidney disease is irreversible; while there is no cure, there are many management options (both in home & in hospital). Early diagnosis improves the prognosis for long-term survival, with a good quality of life. The goals of therapy for CKD include:

- Increase hydration
- Decrease buildup of toxins in the blood
- Treat any possible underlying & reversible diseases (i.e. infection)
- Maintain good blood flow to kidneys
- Minimize further damage/prevent progression

Long term management involves proper dietary control, as well as fluid therapy. Dietary modification is integral as part of a comprehensive therapeutic plan. Cats with kidney disease need moisture in their diet, so moist/canned food is recommended. Historically, it has been recommended to reduce protein intake in these patients' diets. Currently, it is shown the true benefit of a renal diet is to restrict phosphorous, as well as reduce ammonium by-products that can build up in the system as a result of poor renal filtration. There is a large variety of dietary options for CKD patients,

and as many cats (especially those with kidney disease) are picky eaters, it may take a trial of a few options before your cat shows interest. It is of significant importance that a cat eats throughout this disease; thus, if any or all renal diets are refused, it is better to feed any diet than nothing at all. A cat who refuses canned food may do well with adding water to dry kibble, which can encourage water consumption despite eating a dry food.

Fluid therapy is a key therapy for CKD patients as well, as these patients pass large amounts of urine and can easily become dehydrated. If a cat's water intake is insufficient by food or water consumption alone, fluid therapy is a great option which is often very well tolerated at home, while producing tremendous benefits. While intravenous fluids must be administered in a hospital setting, subcutaneous fluids are administered at home by the patient's caretaker. Depending on severity or stage of CKD, this can be done in the range of daily to once weekly.

As CKD is a long term condition that warrants long term management, the realistic goals of therapy need to be considered by choosing the most effective treatment with the least amount of stress for the cat (and caretaker). The initial treatment may be more aggressive to just get started, as compared to the long term goal of routine management. Comprehensively, there are many supplements available to help benefit a CKD patient, as well as specific medications which are targeting secondary effects of the disease (such as nausea, high phosphorus, etc). Frequently, multiple pills, supplements, dietary recommendations, and fluid therapy are collectively too overwhelming for both the patient and the caretaker, so adjustments must be made on a case by case basis.

TAG SALE SUCCESS

We had a very successful tag sale in the spring and raised almost \$4600 through sales and donations. Grateful thanks to all of our generous donors, as well as to volunteers, most of whom worked at the sale for many hours and days: Julie Blackmore, Kim Martohue, Lauren Allison Fisher, Brenda Rock, Ed Paquette, Vicki Kayser, Jerry Hikel, Marianne Heymann, Rise Cappadona, Karen Wendhiser, Eileen Perry, Willa Nemetz, Carmelo Aresco, Olga and Bill Coffey, Sandra Pouliot, Pat Hirschy, Ruth Woodford, Donna Neary, Barbara Korzendorfer, Vivian Elba, and Nicole DeLong. We appreciate First Church of Simsbury donations from their tag sale, which were transported to the tag sale site by the Boy Scouts. Thanks as well to Paine's for the discounted dumpster and to Pickin' Patch for being such a great neighbor.

We're looking forward to the next tag sale, which is tentatively planned for the weekend after Memorial Day in 2015.

Anneliis Koiv

AFOC 2014 Flatbread's Benefit

After 5 months of preparation, May 13 finally arrived. With a friend's help, we went to Flatbread's midday to start setting up for the 6th annual Animal Friends of Connecticut benefit. My plan was to limit the number of donations to the silent auction this year to 150, but as the date of the event got closer, people that I contacted over the winter started sending in many more donations than we could display in the space available at Flatbread's. By the time the benefit began, there were in excess of 275 items ready to be auctioned off and people continued to add to that number during the evening.

By 3:30 pm, the tables were set up and the bidding slips arranged around the auction area. At 4 o'clock, Jo-Ann Regan, Ryan Butler, Eileen Awsiukiewicz, Kitty Butler and Liz Murtha arrived with their cars full of things to be auctioned off. It was a challenge matching the items to the bidding slips, but everything was ready to go by 5:30 pm. Animal Friends of Connecticut members and friends began to arrive before 5:00 pm, and they continued to arrive all evening.

We decided to have music this year and Ryan Riley and Sam Kyzivat, who call themselves the Sam and Ryan Acoustic Duo, agreed to perform that evening. Donna Valardi, Animal Friend's pet psychic, once again set up in her area.

A highlight of the evening was the raffle for a new bicycle, donated by Mike Woyt and Michelle Gill of Ridge-line Bikes in Avon, worth in excess of \$450. Dakota Nicholson, once again, agreed to sell the tickets for the entire evening. Tickets were \$1 apiece, but if you bought larger quantities, you received bonus tickets. Everyone was a winner, however, as Deanna Damen, the Cake Gypsy, donated several hundred of her famous cup cakes (they were recently voted best cupcakes in the Hartford area). If you bought a raffle ticket, you got a cupcake worth much more than a dollar. Another popular raffle at the benefit was the 50/50 raffle. Anneliis Koiv and Julie Blackmore sold raffle tickets throughout the evening and a drawing was held for the winning ticket, #473729, just before the event ended.

At 6 pm, there was the much anticipated arrival of Scot Haney. In spite of not feeling well, he once again attended the benefit. He has been in attendance at each of the prior benefits that AFOC has held. Many people wanted to have their photos taken with him and he was more than willing



to entertain them. Frank Berrian, from the Hartford Wolfpack, once again joined us and entertained many people as Sonar, the mascot for the Hartford hockey team.

The event lasted until 9 pm, although there were still many people enjoying their food and friends till much later that evening. There was not an empty seat all night and the crowd around the auction area kept bidding until the last

possible minute. When the auction closed at 8:30, everyone raced to get the slips for the items that they had won, to prevent anyone else from bidding at the last minute on the item they wanted to take home.

The benefit was a great success as evidenced by the many positive comments that people made all evening and the following week.

Animal Friends of Connecticut is asking people who want to get involved to become a member of a committee that will put on the event in the spring of 2015. Work on the event starts in mid- January. That might sound early, but Connecticut weather is at its worst that time of year and everyone has time available. If you are interested in volunteering, please call the shelter at 860-827-0381.

George Murtha

SPECIAL THANKS

Katie Bushey is founder of the charity group, Recycle for Rescue. She collects donated cans and bottles and, in two month increments, she donates the money to a different rescue or shelter organization. Animal Friends was fortunate enough to be the recipient this spring.

If you hate to recycle your cans and bottles, and you are in the area, you can drop them off at Roaring Brook Veterinary Hospital, 60 Lovely St., Canton, CT. If you are in the Plainville area, you can contact Katie and she might be able to pick up your donation. With every donation, a Recycle for Rescue bracelet will be given. Any donation would be greatly appreciated. If you have any questions for Katie, or would like to help her, you can contact her at bushey_katie@yahoo.com.

WON'T YOU ADOPT ME



Hi, I'm Mickey, a gray and brown tiger who was rescued from an abandoned building. I was very thin and needed some immediate attention. No one could tell how old I was because I was in pretty bad shape. After gaining some weight at the shelter, I turned out to be younger than everybody thought. I now have a clean bill of health. Put some string in front of me, and I'll chase it all day. You couldn't ask for a more loveable and mild-mannered kitty. Just give me some attention and I'll be yours forever.

AFOC's ANNUAL BAKE SALE – October 2014

We don't have a firm date and we don't have a definite location, but we will be having our usual fall bake sale on a Saturday in October. More details will be available on the AFOC website when the date and location are known.

If you can bake one or more items or know of another baker who would be willing to help, contact Ruth Woodford at 860-676-0544 or by email at ruthw144@sbcglobal.net. If you don't bake but would like to help, let her know that as well. We'd love to add another person or two to the sales team.

So, get out your favorite recipes and whip up some cookies, brownies, coffee cakes or whatever your specialty is. Not sure what to make? We have found that cookies and brownies wrapped in small quantities are popular. Quick breads and small coffee cakes also sell well. If you are a candy maker, that is another item we can easily include in the sales table.

Items should be wrapped in a manner that makes them easy to display and transport. Due to allergy concerns, please label items that contain nuts or peanut butter. If you are a gluten-free baker, we'd welcome some gluten-free items. Items suitable for diabetics would also be a great addition to the sales table.

WINE TASTING EVENT

Plans are being developed to hold a wine tasting to benefit Animal Friends. We've got someone who will provide the wine at wholesale prices and we are now looking for a suitable location and date. We will need some volunteers to provide appetizers, help with set up, serving and clean-up as well as a sales table. Donations of raffle items for a silent auction would also provide an additional source of profit to the event. We'd also like someone who can handle publicity for the event. If you can help in any way, please contact Ruth Woodford at 860 676-0544 or by email at ruthw144@sbcglobal.net.

FROM THE KITCHEN

The following recipes can be found on The Healthy Recipe For Pets website.

Cheese Bites - Makes: 3 dozen

Ingredients:

- 1 cup wheat flour
- 1 cup cheddar cheese -- grated
- 1 tablespoon butter -- softened
- 1/2 cup milk

Preparation & Cooking

Mix flour and cheese together. Add softened butter. Slowly add milk till you form a stiff dough. You may not need all of the milk. Knead on floured board for a few minutes. Roll out to 1/4 inch thickness. Cut into shapes and place on ungreased cookie sheet. Bake 350 degrees oven for 15 minutes. Let cool in oven with the door slightly open until cold and firm. Refrigerate to keep fresh.

CAT CRACKERS

Ingredients:

- 6 ounces of undrained tuna
- 1 cup cornmeal
- 1 cup flour
- 1/3 cup water

Preparation & Cooking

Preheat the oven to 350 degrees. Measure all of the ingredients into a bowl and mix thoroughly with your hands. Roll out to 1/4 inch thickness and cut into treat sized pieces. Place on a greased cookie sheet. Bake for about 20 minutes or until golden. Let cool. Give to your cat and watch them gobble it up.

CAN YOU HELP?

We desperately need Shelter volunteers to help take care of the animals in our care. The only requirement is a love of cats. A commitment of one day a week or even one day a month on a regular schedule for a few hours is all that is needed. Please call 860-827-0381 if interested.

Please reach into your heart and give what you can afford to help these animals get a second chance in life.

Your gift is tax deductible.

We would be happy to talk with you about endowments, grants, gifts-in-kind, corporate sponsorship or other long-term support. Please call us at (860)827-0381

Animal Friends of Connecticut, Inc

P.O. Box 370306

West Hartford, Connecticut 06137-0306

Animalfriends
OF CONNECTICUT

- \$5.00 Giving
- \$10.00 Helping
- \$25.00 Contributing
- \$50.00 Supporting
- \$100.00 Sustaining
- \$250.00 Sponsor
- \$500.00 Patron
- \$_____ Other

- Please send information on automatic transfer donation
- Name/address changes: (please print clearly)

Name _____

Street/P.O. Box _____

City _____ State _____ Zip _____

- I'd like to help. Volunteers please call 827-0381.
- I am interested in becoming a member. Please add me to your mailing list to receive the newsletter (new members only).